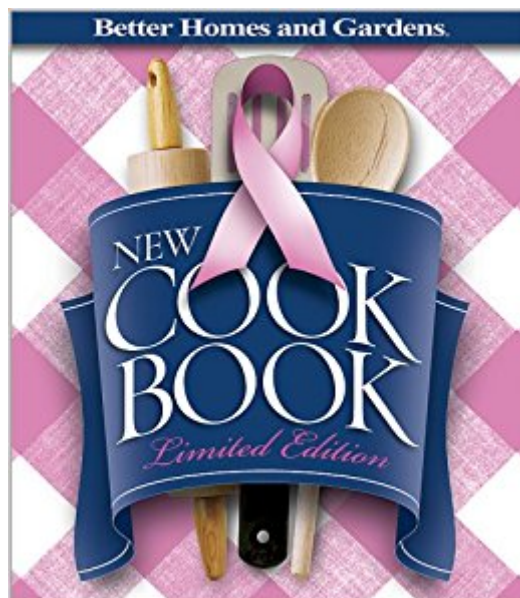




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New Cook Book, Limited Edition "Pink Plaid" : For Breast Cancer Awareness (Better Homes & Gardens)



Synopsis

The complete 12th edition New Cook Book with all the goodness and reliability that's made the Red Plaid a trusted kitchen resource for millions of families. Inspiration at its finest, with more than 1,200 delicious recipes and 700 full-color photos. Hundreds of hints and tips. Easy-to-read cooking charts. Complete nutrition and exchange information for every recipe. Plus all the "best-loved" recipes found in the Red Plaid version. All new remarkable 64-page "pink" section that includes: Healthful dietary and lifestyle suggestions. More than 60 delicious recipes containing wholesome "super foods" associated with a reduced risk of cancer. Triple gift impact: a sought-after limited edition cookbook, meaningful cancer-fighting information, and a significant contribution to a highly-visible, respected foundation.

Book Information

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Ring-bound: 640 pages

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Average Customer Review: 4.5 out of 5 stars 87 customer reviews

Best Sellers Rank: #175,935 in Books (See Top 100 in Books) #40 in [Books > Health, Fitness & Dieting > Diseases & Physical Ailments > Cancer > Breast Cancer](#) #42 in [Books > Cookbooks, Food & Wine > Special Diet > Cancer](#) #889 in [Books > Health, Fitness & Dieting > Women's Health](#)

Customer Reviews

When the more-than-75-year-old cooking bible, Better Homes and Gardens Cookbook, pays homage to breast cancer research, it's definitely become a mainstream cause. In addition to the 1,200 recipes and 700 color photographs, on top of the detailed information and illustrated charts that the publication's editors are known for, the newest feature of this limited-edition guide is its "pink plaid" section devoted to directions on how to eat for life--that is, instructions on miracle foods, like antioxidants, and the best low-fat, health-filled recipes to tempt anyone's taste buds, from a southwestern spinach omelet to reduced-calorie creamy mocha custards. Arrayed in a ready-to-use

ringed binder, this thirteenth edition stands rightfully as a cooking reference book, to have and to hold. Barbara Jacobs Copyright © American Library Association. All rights reserved

I bought this cookbook to replace my original copy which had worn out due to constant use over the years. Better Homes and Gardens cookbooks consistently deliver perfect recipes. Although I have gone in a more health conscious direction in the meals that I cook than many of the recipes in Better Homes and Gardens cookbooks (no sugar, no red meat, limited dairy, etc) , for the type of book that it is I think it is excellent. Even with my new dietary direction, there are still numerous recipes in this cookbook that I regularly prepare.

Just one more reason to order from ! Better Homes and Gardens Pink Plaid cookbook has amazing recipes. (Healthy choices too.) We ordered two to use at a Breast Cancer Awareness fundraiser We truly are cooking up a cure! Great cookbook, Great Cause!

Nice vintage copy the binder had come unhinged though so needs repair

Every kitchen shelf should have a copy of the Better Homes and Gardens cookbook. It's my go-to cookbook when I need to look up the basics, like how long to cook a whole chicken or turkey, or how many graham cracker squares make a cup. I bought this for a niece's wedding present, and since we have so much breast cancer in our family, it was so appropriate to get the Pink Ribbon edition.

For more than 44 years, my standby cookbook has been the Red Checkered Better Homes cookbook that I received as a new bride in 1963. I had put a cover on the outside to keep the binding from tearing apart any further. The edges of the pages were dirty and frayed, and I had put reinforcements on some of the holes of the pages. Nevertheless, this was my faithful kitchen companion. Today, I received this new Pink Plaid revised edition. It does not disappoint me. While it's true that some recipes have been altered, or even omitted altogether, the new, updated information it contains more than makes up for the changes some people might be unwilling to accept. For instance, the nutritional values at the end of each recipe is invaluable. This is important whether one is dieting for weight loss, diabetes, high blood pressure, heart health, or just interested in eating healthy. My old book doesn't contain this information. I have officially retired the old book, but if, along the way, I find that I need some old favorite, I'll simply take that page out of the

old binder and insert it into the appropriate place in the new one. Get this book. You won't be sorry.

Bought as a replacement for older edition. Still filled with great recipes and tips. Very happy with purchase

I saw the book at my daughter's house and liked a lot of the recipes. I also liked some of the cooking information, especially the photos of food and herbs they were helpful identifying items at the grocery store. I have made some of the recipes already; they were very easy and tasty. The problem I have is that I thought I was buying a new book, but when I first looked at the book I found a sticky note from a previous owner on substitutions on a recipe. Also some of the pages were ripped out of the binder. I taped them back in but I was disappointed that it was misrepresented as a new book.

Very nostalgic! Love the support for breast cancer awareness too! I'll be passing this down to my daughter as my grandmother and mother passed the original version down to me!

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